

# MAY 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	<p>1 <b>Adult Lap Swim 6am-11:30am &amp; 5-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>2 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Synchro 5:30-8:30p Adult Lessons 7pm HITT Aerobics 6-6:45pm</p>	<p>3 <b>Adult Lap Swim 6am-11:30am &amp; 5-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>4 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm</p>	<p>5 <b>Adult Lap Swim 6am-11am</b> <b>Lap/Open Swim 5:30-8pm</b></p>	<p>6 <b>Masters 6:15-8:15am</b> <b>Youth Lessons 9:30-11:30am</b> <b>Open/Adult Lap Swim 12:30-3pm</b></p>
<p>7 <b>Mini Clippers 9am</b> <b>Water Aerobics 10 &amp; 11am</b> <b>Open/Lap Swim 12:30-3pm</b> <b>Synchro 3-7:30pm</b></p>	<p>8 <b>Adult Lap Swim 6am-11:30am &amp; 5-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>9 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Synchro 5:30-8:30p Adult Lessons 7pm HITT Aerobics 6-6:45pm</p>	<p>10 <b>Adult Lap Swim 6am-11:30am &amp; 5-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>11 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm</p>	<p>12 <b>Adult Lap Swim 6am-11am</b> <b>Lap/Open Swim 5:30-8pm</b></p>	<p>13 <b>Masters 6:15-8:15am</b> <b>Youth Lessons 9:30-11:30am</b> <b>Open/Adult Lap Swim 12:30-3pm</b></p>
<p>14 <b>Closed</b> <b>Mother's Day</b></p>	<p>15 <b>Adult Lap Swim 6am-11:30am &amp; 5-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>16 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Synchro 5:30-8:30p Adult Lessons 7pm HITT Aerobics 6-6:45pm</p>	<p>17 <b>Adult Lap Swim 6am-11:30am &amp; 5-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>18 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm</p>	<p>19 <b>Adult Lap Swim 6am-11am</b> <b>Lap/Open Swim 5:30-8pm</b></p>	<p>20 <b>Masters 6:15-8:15am</b> <b>Youth Lessons 9:30-11:30am</b> <b>Open/Adult Lap Swim 12:30-3pm</b></p>
<p>21 <b>Mini Clippers 9am</b> <b>Water Aerobics 10 &amp; 11am</b> <b>Open/Lap Swim 12:30-3pm</b> <b>Synchro 3-7:30pm</b></p>	<p>22 <b>Adult Lap Swim 6am-11:30am &amp; 5-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>23 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Synchro 5:30-8:30p Adult Lessons 7pm HITT Aerobics 6-6:45pm</p>	<p>24 <b>Adult Lap Swim 6am-11:30am &amp; 5-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> <b>Youth Lessons 5-7pm</b> Underwater hockey/rugby 7pm-10pm</p>	<p>25 <b>Adult Lap Swim 6am-11:30am</b> Stroke and Turn 3:45-5pm Diving class 5:30-7pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm</p>	<p>26 <b>Adult Lap Swim 6am-11am</b> <b>Closing at 1pm</b></p>	<p>27 <b>Closed</b></p>
<p>28 <b>Closed</b></p>	<p><b>Closed</b> <b>Memorial Day</b></p>	<p>30 <b>Adult Lap Swim 6am-11:30am</b></p>	<p>31 <b>Adult Lap Swim 6am-11:30am &amp; 5-7pm</b> <b>Adult Water Aerobics 11:45-12:30pm</b> Underwater hockey/rugby 7pm-10pm</p>			