

February 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 Stret-chi Noodle 10am Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	30 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm Lap/Open Swim 3-5pm	31 Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p HITT Aerobics 6-6:45pm	1 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm	2 Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm	3 Adult Lap Swim 6a-11:00am Lap/Open Swim 5:30-8pm	4 Masters 6:45-8:15am Swim Lessons 9:30-11:30am Open/Adult Lap Swim 12:30-3:30pm
5 Stret-chi Noodle 10am Lifeguard class 9am-4pm Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	6 Adult Lap Swim 7a-11:30am Adult Water Aerobics 11:45-12:30pm	7 Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p HITT Aerobics 6-6:45pm	8 Adult Lap Swim 6a-11:30am	9 Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm	10 Adult Lap Swim 6a-11:00am Lap/Open Swim 5:30-8pm	11 Masters 6:45-8:15am Swim Lessons 9:30-11:30am Open/Adult Lap Swim 12:30-3pm Clippers Meet @ Home 4pm
12 Stret-chi Noodle 10am Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	13 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm	14 Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p HITT Aerobics 6-6:45pm	15 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm	16 Adult Lap Swim 6a-11:30am Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm	17 Adult Lap Swim 6a-11:00am Lap/Open 5:30-8pm	18 Masters 6:45-8:15am Open/Adult Lap Swim 12:30-3pm Clippers Meet @ Home 4pm
19 Open/Adult Lap Swim 1-3pm Synchro 3-7:30p	20 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm	21 Adult Lap Swim 6a-11:30am OPEN SWIM 12-3pm Synchro 5:30-8:30p HITT Aerobics 6-6:45pm	22 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm	23 Adult Lap Swim 6a-11:30am OPEN SWIM 12-3pm Synchro 5:30-8:30p HITT Aerobics 5:30-6:15pm	24 Adult Lap Swim 6a-11:00am Lap/Open Swim 5:30-8pm	25 Masters 6:45-8:15am Swim Lessons 9:30-11:30am Open/Adult Lap Swim 12:30-3:30pm
26 Stret-chi Noodle 10am Open/Adult Lap Swim 12:30-3pm Synchro 3-7:30p	27 Adult Lap Swim 6a-11:30am Adult Water Aerobics 11:45-12:30pm	28 Adult Lap Swim 6a-11:30am Lap/Open Swim 3-4:45pm Synchro 5:30-8:30p HITT Aerobics 6-6:45pm	1	2	3	4