



IN THIS ISSUE

Updates	1
Meeting Schedule	2
Conservation	3
Dedham Historical Society & Museum	5
Dedham Police Department	6
Civic Pride	11
Engineering Department	13

Public Safety Building Topping Off Ceremony

The Town of Dedham hosted a topping off ceremony on Wednesday, August 18, 2021, with the project team and local elected officials and volunteers who have played major roles in the Public Safety Building Project.

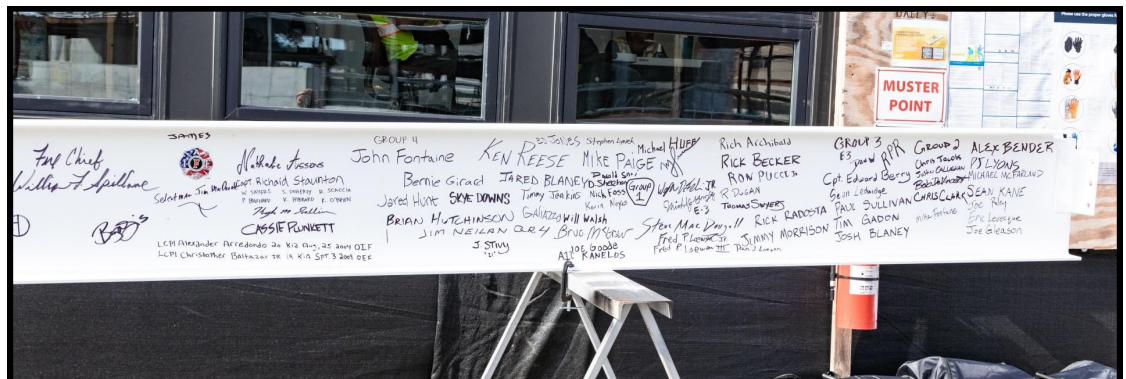
The topping off ceremony was traditional, and even included the tree atop the beam, drawing on an old Scandinavian tradition that honors the spirit of the trees often removed in construction projects.

The consensus of the morning was clear: this building will not only provide a safe and efficient work environment for our public safety personnel and first responders, but it is another example of the hard work and determination by this community to bring a project from initial conversation to fruition.

This beam, covered on both sides with signatures, was slowly raised into a bright blue sky and was carefully placed within the building as a permanent piece of its foundation. Now secured into place, this beam, this time capsule, serves as the heart of the building and as the core of a project of which Dedham residents can really be proud.



To learn more about the Public Safety Building Project and to sign up for project updates, please visit the project website at www.dedham-ma.gov/psb.





SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1 6:00 pm <u>Select Board</u> 6:00 pm <u>Charter Review Committee</u> 7:00 pm <u>Design Review Advisory Board</u>	2 7:00 pm <u>Conservation Commission</u>	3 <u>Attorney General Approval SATM May 17, 2021</u>	4 <u>Attorney General Approval SATM May 17, 2021</u>
5 <u>Attorney General Approval SATM May 17, 2021</u>	6 <u>Attorney General Approval SATM May 17, 2021</u> <u>Labor Day - Town Offices/Buildings Closed</u>	7 <u>Attorney General Approval SATM May 17, 2021</u> 7:00 pm <u>Blue hills Regional High School</u> 7:00 pm <u>Open Space and Recreation Committee</u>	8 <u>Attorney General Approval SATM May 17, 2021</u> 6:00 pm <u>Planning Board</u>	9 <u>Attorney General Approval SATM May 17, 2021</u> 6:30 pm <u>Select Board</u> 7:00 pm <u>Cultural Council</u> 7:30 pm <u>Charter Review</u>	10 <u>Attorney General Approval SATM May 17, 2021</u>	11 <u>Attorney General Approval SATM May 17, 2021</u>
12 <u>Attorney General Approval SATM May 17, 2021</u>	13 <u>Attorney General Approval SATM May 17, 2021</u>	14 <u>Attorney General Approval SATM May 17, 2021</u> 7:00 pm <u>Hey, Dedham. What's next for 600 High Street?</u>	15 <u>Attorney General Approval SATM May 17, 2021</u> 7:00 pm <u>Zoning Board of Appeals</u>	16 <u>Attorney General Approval SATM May 17, 2021</u>	17 <u>Attorney General Approval SATM May 17, 2021</u>	18 9:00 am <u>Cardboard Recycling Day!</u>
19	20 7:00 pm <u>Dedham Square Planning Committee</u>	21 7:00 pm <u>Designing Dedham 2030 Master Plan Committee</u>	22 6:00 pm <u>Planning Board</u>	23 6:30 pm <u>Select Board</u>	24	25
26 12:00 pm <u>Dedham Day 2021</u>	27	28	29	30	1	2

As of Tuesday, August 10, 2021, face masks/face coverings will be required for all individuals aged 2 years or older*, regardless of vaccination status, when inside all Town of Dedham municipal buildings.

**Except where an individual is unable to wear a face mask / face covering due to a medical condition or disability.*

Did you know?

September is spelled with the most letters. It contains nine letters and is the ninth month of the year.



Conservation Department



Wildlife Advisory



MassWildlife is providing an update on the bird illness in other states and modifying its recommendations regarding bird feeding. In mid-July, due to an unknown illness in birds from other states in the mid-Atlantic and mid-west region, MassWildlife requested the public report bird mortalities and stop using bird feeders and bird baths. Since then, MassWildlife has been monitoring bird mortality reports and communicating with other state wildlife biologists and wildlife disease professionals. This announcement comes after MassWildlife participated in a recent regional meeting with northeastern state and federal wildlife biologists and other natural resource professionals.

MassWildlife thanks all residents who reported bird mortalities or took other actions to protect bird populations. Although there were some reports of sick birds showing symptoms consistent with the mystery illness, it was not confirmed to be found in Massachusetts. The cause of large scale bird mortality events documented in at least 10 states since May remains unknown despite extensive and continued testing at the National Wildlife Health Center and other laboratories. While no definitive illness or cause of death has been determined, reports of sick and dead birds have dramatically decreased in the impacted states. Researchers have ruled out all of the typical bird illnesses including avian influenza, West Nile Virus, and Newcastle Disease. Furthermore, toxicology results have been negative for heavy metals and common pesticides and

Conservation Department



Wildlife Advisory (Cont.)

Based on current knowledge, there is no indication that bird feeders and baths are contributing to the spread of this recent illness. Despite this, MassWildlife cautions rushing to put your bird feeders back up, as bird seed and suet are known to attract other animals like rodents, bears, and turkeys, which can cause conflicts between humans and wildlife. If you choose to resume feeding birds, MassWildlife advises taking certain bird health and safety precautions. Since birds congregating at feeders and baths can still spread other diseases, take extra care to disinfect these surfaces on at least a weekly basis. Clean with soap and water then disinfect with a 10% bleach solution, rinse with clean water, and allow to air-dry. If you observe dead or sick birds at or near a feeder, MassWildlife recommends removing and cleaning feeders and leaving them down for at least two weeks.

Rather than using bird feeders, MassWildlife suggests considering alternatives which attract birds to yards such as planting native plants, shrubs, or trees, installing water features, and erecting bird houses. These bird-friendly actions safely attract a wider variety of birds while avoiding the potential nuisance issues associated with bird seed (i.e., rodents, bears). [Learn about how to attract birds to your yard naturally without feeders.](#)

State wildlife officials will continue to monitor the situation in Massachusetts and communicate with wildlife disease specialists on this illness. If you observe any sick birds showing crusty eyes and neurological symptoms (i.e., stumbling, inability to fly), please report it to MassWildlife [using this online form](#). When new in-

Dedham Historical Society and Museum

Dedham Historical Society & Museum
Monthly Free Webinar Series: Third Thursdays
Thursday, September 16th, 2021 at 7:00 p.m.
The Story of and Behind Ursuline Academy

What is your knowledge of Ursuline Academy and the history of the estate? More specifically, about Sarah Skinner and her husband Francis, who built the brick mansion prior to it becoming a convent and academy?



Ursuline celebrates its 75th anniversary this year. An independent college preparatory school for young women in grades 7–12, the property has an even longer history associated with women, in particular Sarah Skinner and Isabella Stewart Gardner of Boston. This webinar will provide the backstory of what was originally called "Federal Hill Farm" and the 75-year history of Ursuline Academy.

Register in advance for this webinar by visiting www.dedhamhistorical.org/current-events or by using the QR code with your phone's camera.



To view past Third Thursday webinars, visit www.dedhamhistorical.org/past-events.

Please call 781.326.1385 with questions.

Save the Date: October 21st, 2021 at 7:00 p.m., when the Third Thursday Webinar will be "The Pet Cemetery in Dedham."

Dedham Police Department



Important Safety Information for New School Year

As the new school year is about to begin, the Dedham Police Department would like to take the opportunity to provide some important back to school safety information.

Parents of school aged children, as well as commuters traversing Dedham roads, are asked to familiarize themselves with the traffic patterns around our schools and walking routes used by students. Child safety should be the first and foremost consideration when determining how a child is dropped off and picked up while traveling to and from school.

Each year across the United States, tragedies are reported involving children getting injured or even tragically killed by darting between cars, not using a cross-walk, or motorists simply not being observant.



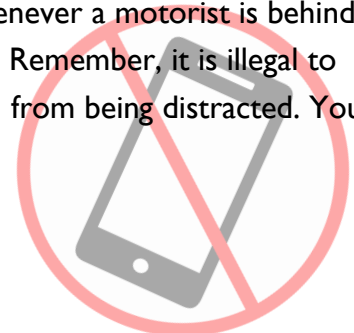
We can help to ensure the safety of all children by doing the following:

Familiarize yourself with the schools drop-off and pick-up practices: One of the biggest complaints by Police and School Officials is that parents find a reason to be the exception to the rule. If the curb says, "No stopping, standing or parking at any time," that means for everyone. Children are required to use designated cross walks. Don't walk your child across the middle of a street just because you're holding their hand.

Resist the urge to speed or make any traffic rule exceptions because you are running

late: Whipping your car around, getting your child to dash out of the car to reach the classroom before the school bell rings, or encouraging a "drop-and-dash" drop-off is a recipe for disaster in terms of child safety. You would rather your child receive a tardy notice than to be in an accident.

Refrain from using your cell phone, even hands-free, or being subject to any other distractions while around school zones: This commonsense advice applies whenever a **motorist** is behind the wheel, but especially when in a driving situation around young children. Remember, it is illegal to read, compose, or send a text while driving. Pedestrians should also refrain from being distracted. Your fullest attention is strongly recommended.



Important Safety Information for New School Year (continued.)

Know all traffic rules concerning school buses and school zones: Speed limits are 20 miles per hour in school zones, unless otherwise posted. Yellow flashing lights indicate that the bus is preparing to stop to load/unload children. Slow down and prepare to stop, regardless of your direction of travel. Red flashing lights and extended stop arms indicate that the bus has stopped and that children are getting on/off. You must stop and wait until the red lights stop flashing and the extended stop sign is withdrawn before you may start driving again.

Driveways: Use and restrictions of driveways are posted at each school please learn and adhere to your schools use and restrictions policy.

NO PARKING, STOPPING OR STANDING: This means exactly that, the posted signs cover from curb to curb.

U-Turns: Making a U-Turn in a school zone to change direction can cause serious safety hazards. Depending on road markings, such turns may also be illegal.

Take your time: Please leave yourself enough time to follow the proper traffic patterns.

Solar Glare: During the beginning of the school year, the sun can create significant solar glare on certain roads. Please use extra caution when such conditions exist.

It is encouraged that you walk with your children to and from school. Our schools were designed during a time when most children walked to and from school. Unfortunately, the schools are not designed to handle the traffic they receive. The fewer vehicles we have around the schools the safer they will be. The safety of all the children is our concern. Please help us to ensure that we have a safe school year.



Dedham Police Department



National Night Out

For a tenth year, National Night Out was recognized and celebrated in Dedham. This national public safety program focuses on positive interactions with officers and community members to build partnerships which form the foundation for public safety in our community.

Events were organized from August 2-4, 2021. The key organizers included representatives from town departments, civic groups and local businesses: the Manor Neighborhood Association, Mother Brook Community Group, Riverdale Neighborhood Association, Oakdale Square Alliance, the Blue Bunny Bookstore, Dedham Council on Aging, Norfolk County District Attorney's Office, the Norfolk County Sheriff's Office, Dedham Human Rights Commission and the Anti-Racism Coalition of Dedham. The civic groups aim to bring people together to improve the quality of life and economic prosperity in their neighborhood, and the Town of Dedham. National Night Out 2021 provided an opportunity for the entire community to unite to raise awareness about public safety, and police community partnerships.

The following events took place throughout town:

- ◇ A lawn full of children enjoyed "public safety" story time and a take home craft at the Dedham Public Library in partnership with the Blue Bunny Bookstore.
- ◇ Community members of all ages came out to have some fun, talk with friends and beat the summer heat at an ice cream social event on the Oakdale Square Common.
- ◇ Community members of all ages came out to mingle with neighbors and enjoy the playground at a hot dog and ice cream social event on the Riverdale School playground featuring a K9 demonstration by the Norfolk County Sheriff.
- ◇ Children and adults tested their skills playing a variety of lawn games with snacks and prizes on the lawn of the Endicott Estate.
- ◇ Children and adults enjoyed hot dogs, snacks, slush and a movie on Condon Park under a summer sky featuring the animated comedy, "The Secret Life of Pets".
- ◇ An illuminated group of crime watchers strolled the streets of the Manor neighborhood and visited the site where a new neighborhood playground is being constructed along with District Attorney Michael Morrissey, escorted by police and sheriff vehicles.



The Dedham Police Department looks forward to building on the success of these events, and continued partnerships with all members of our community.

Dedham Police Department



Citizen Police Academy

On August 3, 2021, the Dedham Police Department's 10th Citizen Police Academy concluded with a session on Motor Vehicle Law and Traffic Enforcement.

Those who participated attended presentations by Dedham Police Officers over 9 weeks covering:

- * Law Enforcement Clinical Support Program
- * Community Resource Dog Program
- * Cyber Crime
- * Emergency 911 Dispatch
- * Court Procedures
- * Crime Prevention
- * Juvenile Issues
- * Regional Law Enforcement Councils
- * Alcohol Compliance Issues
- * Sex Offender Registry
- * Crime Scene Investigations
- * Narcotics
- * Animal Control
- * Use of Force
- * Firearms Licensing
- * Traffic Enforcement
- * Motor Vehicle Law



We look forward to the 11th session during 2022!

Dedham Police Department

Parking Enforcement Officer



On August 16, 2021, a new Parking Enforcement Officer position came into effect within the Police Department. Renee Johnson has taken on this role to enforce parking rules and regulations within the Town. This will include parking meters, handicap parking, fire lanes, obstructed sidewalks, posted parking restrictions, etc.

We look forward to working with Renee and members of the community on parking related matters which impact our community.

Renee will work a flexible shift including some evenings and Saturdays.





CIVIC PRIDE AT THE FARMERS' MARKET



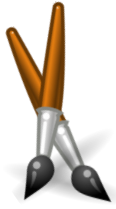
Civic Pride will be at the Farmers' Market three times this year. Their first informational table was August 25 where three volunteers, Noreen Jonson, Carolyn Shute, and Amy Black, distributed info on Civic Pride and encouraged market participants to take a chance on a free raffle. The prize was a beautifully designed planter put together by committee member Carolyn Shute.

Civic Pride will be at the September 1st market where they will give away another colorful planter (pictured above on the right) and on October 6th where they will give out daffodil bulbs for fall planting.





PLANT • PRESERVE • PROMOTE



NEW PAINTED PLANTERS FOR OAKDALE

Civic Pride is sprucing up two large flower-pots that will be placed at the entrance of Veterans Park in Oakdale Square. The pots are being painting by local artist Cindy Prevett, who has also painted the flowerpots at the Main Library and the Utility Box in East Dedham. Cindy also painted the piano in Dedham Center for the Dedham School of Music.



SAVE THE DATE FOR CIVIC PRIDE'S BEER AND WINE TASTING

After a short absence due to the pandemic, plans are underway for the Beer & Wine Tasting Fundraiser **on Friday, November 12th from 6:30 pm to 9:30 pm at the Endicott Estate**. Tickets will be on sale soon and include samplings of wine from Fine Estate of Spain wine and local craft beer breweries. For more information, follow Civic Pride on Facebook and Instagram.



Pictured: Volunteers Chuck Rando and Lauren Grant at one of the wine sample tables at the 2019 Beer & Wine Tasting.



Engineering Department



Proper Yard Waste Disposal is Important!

With fall approaching so will the leaves. Please rake up your leaves to prevent them from entering your stormwater system. To learn more about proper yard waste disposal visit <https://yourcleanwater.org/yard-waste-disposal/> [#keepyourwatersclean](https://twitter.com/tod_engineering)



Please find and follow the Engineering Department on Twitter at [@tod_engineering](https://twitter.com/tod_engineering).

The Engineering Department will be utilizing this Twitter account to post information related to our stormwater system and what we all can do as a Town to improve the water quality of waterways and natural resources.



SEPTEMBER WELLNESS

HEALTHY AGING MONTH



The Healthy Aging® organization created “September is Healthy Aging® Month” as a national observance over 25 years ago. This initiative has brought awareness to the importance of healthy lifestyles to adults 45 and older. Here are 10 tips from the Healthy Aging® organization to get you started on the road to a positive, healthy lifestyle this fall.

10 Tips For “September is Healthy Aging® Month”, by wellness category:

Mental Wellness:

Tip 1: **“Be realistic”** Look at your responsibilities and be comfortable with allowing yourself to continue only what is realistically possible to do without feeling overwhelmed.

Tip 2: **“Shed the ‘superhero’ urge”** Realize that no one is perfect. Look at situations and see what can be done and how to do it, without expecting perfection from yourself or others.

Tip 3: **“Take one thing at a time”** Tackle one task at a time, and then move on to the next one. This can offer a feeling of accomplishment; as well as motivation to keep going.

Physical Fitness: (Be sure to check with your primary physician before beginning an exercise program)

Tip 4: **“Move more, sit less”** Physical activity can help offset the risks of all-cause mortality, heart disease and high blood pressure. For inactive adults, even incorporating light-intensity physical activity is likely to yield health benefits.

Tip 5: **“Aerobic exercise”** For optimal health benefits, aim for at least 150 minutes of moderate-intensity or 75 minutes of vigorous aerobic activity per week (or a combination of moderate and vigorous activity).

Tip 6: **“Muscle strengthening”** Incorporating strength conditioning for all major muscles groups, two or more times per week, will yield additional benefits.

Diet:

Tip 7: **“Review your daily diet and make necessary changes”** Look at your current nutrition intake to see if you are following dietary recommendations, such as a following a diet low in saturated fats, trans fats, cholesterol, salt and added sugars.

Social: (while still practicing social-distance)

Tip 8: **“Volunteer”** Click here: [United Nations Volunteer](#) to explore ways of volunteering online.

Tip 9: **“Dream and then get to it”** Click here: [Visit U.S. National Parks in Google Earth](#) to virtually explore all that the beautiful national parks around the country have to offer.

Financial:

Tip 10: **“Launch your next career”** Explore the option of using your experiences to become an entrepreneur. Resources to assist include: [Encore.org](#), [SBA.gov](#), and [SCORE.org](#)

To learn about these tips and additional information on healthy aging, click here:

[10 Tips for: September is Healthy Aging® Month](#)

West Suburban Health Group Website: westsuburbanhealth.com

2
0
2
1

National Preparedness Month

Prepare to Protect



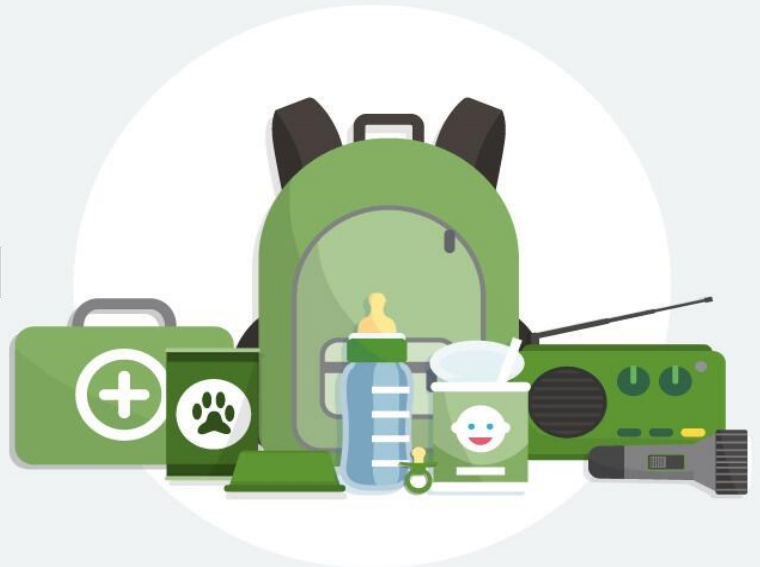

Ready®

Build a kit with everyone in mind



FEMA


Ready.





Town Hall Talk will be published monthly and will be available on the [website](#).

Please subscribe to receive notification of each new issue!

Town of Dedham, MA

450 Washington Street (Ames Building)

(781) 751-9100